

In a culture that is suspicious of commitment to anyone or anything, why this rhythm of life?

COOPERATION. We can do more together than we can alone. The rhythm of life helps us consider and articulate our commitment to each other and the mission we are called to.

FORMATION. We are graced enough by God not only to be loved but to be formed to full beauty. In doing so, we need each other to fully discover God's original intent and beautiful potential for our lives. Spiritual formation takes years and each other. The rhythm of life helps us consider and articulate small steps for each season.

PARTICIPATION. The church is designed for participation rather than passive consumption. The rhythm of life helps us to consider and articulate what our participation might look like.

RHYTHM OF LIFE (Broad Template)

Use the following broad template to help shape your rhythm of life in the suggested categories (use back if necessary).

Name: _____

Email: _____

PERSONAL

List some detailed, practical goals and expressions that you will strive towards in your spiritual formation (e.g. scripture, prayer, generosity, etc)

Scripture (*Ps 119:9-16*) / **Prayer** (*Col 4:2, Eph 6:10-20*) / **Sabbath** (*Gen 2:2-3*) / **Character** (*Gal 5:22-26*) / **Generosity** (*2 Cor 8:1-15, 2 Cor 9:10-11*) / **Tithe** (*Deut 8:10-18*)

COMMUNAL

List some detailed, practical goals and expressions for the following categories in our pursuit of living and participating in community.

Liturgy (*Hebrews 10:25*) / **Eucharist** (*1 Cor 11:23-26*) / **Midweek Groups** (*Matthew 18:20*) / **Sharing Resources** (*Acts 2:42-47*)

MISSIONAL

List some detailed, practical goals and expressions for the following categories in our pursuit of living missional lives.

Local Partnerships (e.g. Posada, Inside Books, tutoring, etc) (*Luke 10*) / **Global Partnerships** (*Acts 1:8*) / **Hospitality** (*Rom 12:13, Heb 13:2, 1 Peter 4:9*) / **Neighbor** (*Luke 10*) / **Evangelism** (*1 Peter 3:15-16*)